Recreational Youth Basketball Game Rules
11s and 12s Boys & Girls

Updated: September 28, 2026

Goal Height: 10 feet

Ball Size: 28.5”/Size 6

Quarter Length: 6 minutes

Between Quarters: 1:30 minutes

Half Time: 3 minutes

Personal Fouls: 5

Bonus: Per LHSAA rules, teams reach the bonus with the 5th defensive team foul in each quarter. This will result in (2) free throws on every common, non-shooting defensive foul. Team fouls are re-set each quarter and do not carry over to the next quarter (except overtime, which carry over). Player-control and team-control (offensive) fouls **never** result in free throws, even if the team is over the foul limit. Technical fouls count as team fouls.

Lane Violation: 3 seconds

Full Court Press: Full court press is allowed in the 4th quarter and overtime only. A team leading by 20 points or more is not allowed to full court press.

Timeouts: 1 full timeout at 1 minute and 2 timeouts at thirty seconds each per half.

3-point Shot: Yes

Overtime: Only (1) 2-minute period will be played. The game will end if it is still tied at the end of the overtime period and results in a tie for standing purposes. One full timeout will be allowed. Unused timeouts from regulation play cannot be carried over.

Playing Time: Every player is required to play half of the game. Coaches are encouraged to prepare a player rotation schedule prior to the game. Playing time will be tracked by Coquille staff. Players for each team will line up in numerical order in front of the scorer’s table prior to each quarter for notation in the scorebook.

Defense: We encourage implementing both man-to-man and zone defenses.

Jump Balls: Jump balls will only be used to start a game and an overtime period.

Scoring Cap: None

Minimum Players: Teams may begin game play with as few as four players. If one of the 4 fouls out of the game, the game can continue until all players left have fouled out.

Free Throw Line: 15', high school regulation.

Tie-Breakers: For purposes of playoff seeding, the following tie-breakers will be used with the final regular season standings:

- If 2 teams are tied:
  1. Head-to-Head record among tied teams; if still tied, go to Step 2.
  2. Points Against (fewest point allowed); if still tied, go to Step 3.
  3. Point Scored (highest points scored); if still tied, go to Step 4.
  4. Coin flip
- If 3 teams are tied:
  1. Best winning percentage of games played among the tied teams; If 2 teams remain tied after this tiebreaker provision, the two-team tiebreaker formula will be used.; If 3 teams remain tied after this provision, go to Step 2.
  2. Compare each of the tied team's records against the team occupying the highest position in the standings and continue down through the standings until the tie is reduced to a two-team tie, at which time revert to two-team tiebreaker formula.

All other rules must follow rule book of the National Federation of High School Athletic Association